

# 2008 WFDF World Ultimate Championships

## USA Boys' Ultimate Team

Childs-Walker, Julian  
Cincotta, Joshua  
Herscu, Jonah  
Honderd, Oliver  
Ikeda, Casey  
Janin, Jacob  
Kiefer, Andrew  
Kittross-Schnell, Sam  
Li, Tommy  
Lindsley, Grant  
Lunetta, Andrew  
Norden, Jeremy  
Revelas, Michael  
Richardson, Lee  
Roberts, Patrick  
Saul, Isaac  
Snyder, Milo  
Stuart, Nick  
Stubbs, George  
Terry, John  
Thorne, Alex  
Wallack, Russell  
Winograd, Evan

### Alternates:

Brickwedde, Sam  
Herscu, Misha  
Rzepka, Ryan  
Terry, Michael

### Coaches:

Berend Van Heuvelen  
Jody Avirgan

## USA Girls' Ultimate Team

Arakaki, Elizabeth  
Baken, Erica  
Clark, Elizabeth  
Coles, Kimber  
Darch, Sophie  
DePalma, Emily  
Fisher, Margaret  
Geer, Geoa  
Kanemori, Taylor  
Kramer, Alisha  
McKain, Emelie  
Rasmussen, Elise  
Reed, Anna  
Reed Avery  
Scott, Sara  
Seville, Paula  
Siedor, Lane  
Sinicrope, Amber  
Snyder, Anna  
Snyder, Julia  
Tajima, Claudia  
Zahniser, Bailey

### Alternates:

Lutz, Allyson  
Maconaghy, Carly  
Westgate, Rachael  
Wilson, Christine

### Coaches:

Eileen Murray  
Chelsea Putnam  
John Sandahl

## USA Boy's Team



### JULIAN CHILDS-WALKER - #96

**Hometown:** Seattle, WA

**Current Residence:** Seattle, WA

**DOB:** 4/22/1991 (Age: 17)

**Height:** 5'8"

**Years Playing:** 6

**High School:** Lakeside School

**Quote:** Nothing is more satisfying than shredding a zone with break-mark backhands and then dashing up field for a quick give 'n' go.



### JOSH CINCOTTA - #13

**Hometown:** South Orange, NJ

**Current Residence:** South Orange, NJ

**DOB:** 3/15/1989 (Age: 19)

**Height:** 5'9"

**Years Playing:** 10  
**High School:** Columbia High School

**Quote:** The passion and adrenaline I feel when I play is what fuels me to do better and greater things both on the field as well as off.



**JONAH HERSCU - #21**  
**Hometown:** Amherst, MA  
**Current Residence:** Amherst, MA  
**DOB:** 5/17/1992 (Age: 16)  
**Height:** 6'1"  
**Years Playing:** 3  
**High School:** Amherst Regional High School

**Quote:** I love the sheer athleticism high level Ultimate demands and when our team is in the flow, there are no words to describe the energy and feeling I have inside.



**OLIVER HONDERD - #14**  
**Hometown:** Atlanta, GA  
**Current Residence:** Ann Arbor, MI  
**DOB:** 1/6/1989 (Age: 19)  
**Height:** 6'1"  
**Years Playing:** 6  
**High School:** The Paideia School  
**College:** University of Michigan

**Quote:** [Ultimate] is a passion that gives me goals to achieve and things to day dream about.



**CASEY IKEDA - #12**  
**Hometown:** Seattle, WA  
**Current Residence:** San Francisco, CA  
**DOB:** 2/27/1989 (Age: 19)  
**Height:** 5'6"  
**Years Playing:** 8  
**High School:** The Northwest School  
**College:** University of San Francisco

**Quote:** I love to have fun, I'm very competitive, but it's a joy for me to play this game and I hope that rubs off on my teammates.



**JACOB JANIN - #1**  
**Hometown:** Eugene, OR  
**Current Residence:** Eugene, OR  
**DOB:** 4/26/1990 (Age: 18)  
**Height:** 5'9"  
**Years Playing:** 4  
**High School:** South Eugene High School

**Quote:** Ultimate is a great sport. Athletic competition can be much fun and so meaningful. But why do I play ultimate instead of another sport? The community.



**ANDREW KIEFER - #8**  
**Hometown:** Amherst, MA  
**Current Residence:** Amherst, MA  
**DOB:** 9/21/1989 (Age: 18)  
**Height:** 5'9"  
**Years Playing:** 6  
**High School:** Amherst Regional High School

**Quote:** I like handling because I am confident in my throws and because handling gives me an opportunity to help create a calm and steady offense.



**SAM KITTCROSS-SCHNELL - #18**  
**Hometown:** Seattle, WA  
**Current Residence:** Oberlin, OH  
**DOB:** 6/19/1989 (Age: 19)  
**Height:** 6'3"  
**Years Playing:** 5  
**High School:** The Northwest School  
**College:** Oberlin College

**Quote:** I love the feeling when a huck goes up that both the thrower and receiver is an easy completion and I come flying across the field to snag it.



**TOMMY LI - #16**  
**Hometown:** Longmeadow, MA  
**Current Residence:** Longmeadow, MA  
**DOB:** 2/2/1990 (Age: 18)  
**Height:** 5'10"  
**Years Playing:** 3  
**High School:** Longmeadow High School

**Quote:** I love the challenge of the mental aspect- making sure you have the right attitude and decision making skills, mastering your focus- it's a unique and fulfilling battle.



**GRANT LINDSLEY - #7**  
**Hometown:** Atlanta, GA  
**Current Residence:** Northfield, MN  
**DOB:** 5/14/1989 (Age: 19)  
**Height:** 6'0"  
**Years Playing:** 6  
**High School:** The Paideia School  
**College:** Carleton College

**Quote:** Perhaps his most valuable skill is the ice that flows through his veins. He's clutch when you need it most, and seems completely numb to pressure, mentally tested and tough as nails.



**ANDREW LUNETTA - #6**  
**Hometown:** Needham, MA  
**Current Residence:** Needham, MA  
**DOB:** 9/5/1989 (Age: 18)  
**Height:** 5'11"  
**Years Playing:** 5  
**High School:** Needham High School

**Quote:** Andrew is often quiet and often makes playing ultimate look effortless. He is however a great competitor and will often make a big play when the team needs it.



**JEREMY NORDEN - #24**  
**Hometown:** Seattle, WA  
**Current Residence:** Walla Walla, WA  
**DOB:** 4/2/1989 (Age: 19)  
**Height:** 6'1"  
**Years Playing:** 8  
**High School:** The Northwest School  
**College:** Whitman College

**Quote:** Plays hard, plays smart, plays with skill, and plays with great sportsmanship.



**MICHAEL REVELAS - #22**  
**Hometown:** Seattle, WA  
**Current Residence:** Seattle, WA  
**DOB:** 9/26/1990 (Age: 17)  
**Height:** 5'11"  
**Years Playing:** 4  
**High School:** Seattle Academy of Arts & Sciences

**Quote:** I love to work hard, and at times Ultimate can be the most grueling sport I play. I play Ultimate, because if I didn't I wouldn't be me.



**TADARRO LEE RICHARDSON - #23**  
**Hometown:** Nicholasville, KY  
**Current Residence:** Nicholasville, KY  
**DOB:** 9/13/1990 (Age: 17)  
**Height:** 5'9"  
**Years Playing:** 4  
**High School:** Lexington Catholic High School

**Quote:** Lee is humble, smart, tough minded and athletic. He is quietly competitive, fun and respectful.



**PATRICK ROBERTS - #17**  
**Hometown:** Leverett, MA  
**Current Residence:** Northfield, MN  
**DOB:** 4/21/1989 (Age: 19)  
**Height:** 6'2"  
**Years Playing:** 7  
**High School:** Amherst Regional High School  
**College:** Carleton College

**Quote:** He's a fair competitor who cares about playing the game the right way and cares about playing his hardest all the time.



**ISAAC SAUL - #19**  
**Hometown:** Yardley, PA  
**Current Residence:** Yardley, PA  
**DOB:** 5/14/1991 (Age: 17)  
**Height:** 5'10"  
**Years Playing:** 7  
**High School:** Pennsbury High School

**Quote:** I study ultimate, I think the game itself is so interesting and there is a lot to be learned.



**MILO SNYDER - #50**  
**Hometown:** Seattle, WA  
**Current Residence:** New York, NY  
**DOB:** 1/19/1989 (Age: 19)  
**Height:** 5'9"  
**Years Playing:** 8  
**High School:** The Northwest School  
**College:** Columbia University

**Quote:** There is nothing more satisfying than getting a layout down on an in cut, chasing down deep look and making the sky.



**NICK STUART - #9**

**Hometown:** Gainesville, FL  
**Current Residence:** Gainesville, FL  
**DOB:** 3/20/1991 (Age: 17)  
**Height:** 6'3"  
**Years Playing:** 7  
**High School:** Eastside High School

**Quote:** I grew up watching my Dad play Ultimate, and there is nothing I would rather do than play Ultimate with him.



**GEORGE STUBBS - #3**

**Hometown:** Atlanta, GA  
**Current Residence:** Cambridge, MA  
**DOB:** 1/24/1989 (Age: 19)  
**Height:** 6'0"  
**Years Playing:** 5  
**High School:** The Paideia School  
**College:** Harvard University

**Quote:** George is fast, fast, fast and is equally quick. He has been a dominating cutter for our team and can play anywhere in an offense - thrower, cutter or reset.



**JOHN TERRY - #11**

**Hometown:** Atlanta, GA  
**Current Residence:** Atlanta, GA  
**DOB:** 1/8/1989 (Age: 19)  
**Height:** 6'2"  
**Years Playing:** 4  
**High School:** The Paideia School

**Quote:** I like to say that I play Ultimate because we can ref ourselves. We don't cheat or break the rules to gain an advantage, because as an Ultimate player, I wouldn't want that done to myself.



**ALEX THORNE - #88**

**Hometown:** Pittsburgh, PA  
**Current Residence:** Pittsburgh, PA  
**DOB:** 6/2/1990 (Age: 18)  
**Height:** 5'7"  
**Years Playing:** 8  
**High School:** North Hills High School

**Quote:** I start out as a handler but in the flow of our offense I usually end up downfield by the end of the point. I like playing any position.



**RUSSELL WALLACK - #33**

**Hometown:** Amherst, MA  
**Current Residence:** Gambier, OH  
**DOB:** 3/12/1989 (Age: 19)  
**Height:** 5'11"  
**Years Playing:** 9  
**High School:** Amherst Regional High School  
**College:** Kenyon College

**Quote:** In terms of loyalty, dedication, work ethic, and most importantly fun, there has been no match for Ultimate in my life.



**EVAN WINOGRAD - #2**  
**Hometown:** Bellaire, TX  
**Current Residence:** Bellaire, TX  
**DOB:** 10/3/1989 (Age: 18)  
**Height:** 5'8"  
**Years Playing:** 4  
**High School:** St. John's School

**Quote:** The combination of spirit, athleticism, and finesse has drawn me to the sport of Ultimate which I plan on playing until the body allows no more.

## USA Boy's Alternates



**SAM BRICKWEDDE - #10**  
**Hometown:** Golden Valley, MN  
**Current Residence:** Golden Valley, MN  
**DOB:** 4/13/1990 (Age: 18)  
**Height:** 5'9"  
**Years Playing:** 4  
**High School:** Hopkins High School

**Quote:** If I ever have time where I have nothing to do, I get a disc in my hand, and that helps me visualize playing, whether it be remembering past games, or imagining what it might be like to play at future tournaments.



**MISHA HERSCU - #0**  
**Hometown:** Amherst, MA  
**Current Residence:** Amherst, MA  
**DOB:** 2/1991 (Age: 17)  
**Height:** 6'0"  
**Years Playing:** 3  
**High School:** Amherst Regional High School

**Quote:** [Ultimate] is a great sport; you need the skills/conditioning but then its all about mental toughness and desire.



**RYAN RZEPKA - #5**  
**Hometown:** Longmeadow, MA  
**Current Residence:** Longmeadow, MA  
**DOB:** 6/4/1990 (Age: 18)  
**Height:** 5'6"  
**Years Playing:** 4  
**High School:** Longmeadow High School

**Quote:** Ryan has solid skills all the way around, but he's a perfect player to fit into the short, quick handler mode.



**MICHAEL TERRY - #4**  
**Hometown:** Atlanta, GA  
**Current Residence:** Atlanta, GA  
**DOB:** 1/8/1989 (Age: 19)  
**Height:** 6'2"  
**Years Playing:** 4  
**High School:** The Paideia School

**Quote:** I play Ultimate because I enjoy competition. I like the feeling I get after competing fairly and spending all of the energy that I have.



## USA Girl's Team



**ELIZABETH ARAKAKI - #2**  
**Hometown:** Seattle, WA  
**Current Residence:** Northfield, MN  
**DOB:** 4/1989 (Age: 19 )  
**Height:** 5'6"  
**Years Playing:** 4  
**High School:** Nathan Hale High School  
**College:** Carleton College

**Quote:** I play ultimate because it is physically demanding, constantly changing, interesting, complex, and fun, and on top of that it's full of wonderful people and integrity.



**ERICA BAKEN - #31**  
**Hometown:** Golden Valley, MN  
**Current Residence:** Golden Valley, MN  
**DOB:** 6/12/1990 (Age: 18)  
**Height:** 5'7"  
**Years Playing:** 4  
**High School:** Hopkins High School

**Quote:** Erica's field sense is great. She is an incredible handler, with a chilly mindset and patience with the disc.



**ELIZABETH CLARK - #18**  
**Hometown:** Pittsburgh, PA  
**Current Residence:** Pittsburgh, PA  
**DOB:** 8/29/1991 (Age: 16)  
**Height:** 5'7"  
**Years Playing:** 4  
**High School:** Fox Chapel Area High School

**Quote:** Getting a sweet layout or making an awesome inside out backhand huck are quite possibly the two best feelings in the world.



**KIMBER COLES - #5**  
**Hometown:** Eugene, OR  
**Current Residence:** Eugene, OR  
**DOB:** 5/7/1990 (Age: 18)  
**Height:** 5'2"  
**Years Playing:** 3  
**High School:** Churchill High School

**Quote:** Handling in zone in one of the most exciting positions in ultimate. You get to tire out 3 opponents and move the disc quickly.



**SOPHIE DARCH - #8**  
**Hometown:** Atlanta, GA  
**Current Residence:** Atlanta, GA  
**DOB:** 9/10/1991 (Age: 17)  
**Height:** 5'5"  
**Years Playing:** 4  
**High School:** The Paideia School

**Quote:** Ever since playing on the playground in 6th grade, I have fallen in love with it. I have not found another sport that I love as much as Ultimate.



**EMILY DEPALMA - #3**  
**Hometown:** Eagan, MN  
**Current Residence:** Eagan, MN  
**DOB:** 1/12/1990 (Age: 18)  
**Height:** 5'8"  
**Years Playing:** 4  
**High School:** Cretin-Derham Hall High School

**Quote:** I play because it has become a part of me. I don't know what my life would be like without Ultimate, and I don't intend on finding out what it would be like frisbee-less.



**MARGARET FISHER - #11**  
**Hometown:** Seattle, WA  
**Current Residence:** Seattle, WA  
**DOB:** 9/17/1989 (Age: 18)  
**Height:** 5'9"  
**Years Playing:** 6  
**High School:** Lakeside School  
**College:** Emory University

**Quote:** There is no exclusiveness in Ultimate...It is inspiring to have friends and coaches who are world champions.



**GEOA GEER - #35**  
**Hometown:** Arlington, MA  
**Current Residence:** Pittsburgh, PA  
**DOB:** 3/14/1989 (Age: 19)  
**Height:** 5'8"  
**Years Playing:** 6  
**High School:** Lexington High School  
**College:** University of Pittsburgh

**Quote:** I play Ultimate because it makes me happy, and because it's beautiful: playing competitively without referees and with players that respect spirit is unlike any other sport.



**TAYLOR KANEMORI - #21**  
**Hometown:** Seattle, WA  
**Current Residence:** Seattle, WA  
**DOB:** 6/17/1991 (Age: 17)  
**Height:** 5'1"  
**Years Playing:** 6  
**High School:** University Prep

**Quote:** Taylor is a tremendous teammate: always encouraging without sugarcoating things. Her teammates think the world of her.



**ALISHA KRAMER - #24**  
**Hometown:** Atlanta, GA  
**Current Residence:** Atlanta, GA  
**DOB:** 2/17/1990 (Age: 18)  
**Height:** 5'5"  
**Years Playing:** 4  
**High School:** The Paideia School

**Quote:** I am pushing myself to my absolute limit of physical and mental endurance because I know all of my teammates are doing the same, and we are all doing it for each other.





**EMELIE MCKAIN - #17**  
**Hometown:** Andover, MA  
**Current Residence:** Madison, WI  
**DOB:** 5/21/1989 (Age: 19)  
**Height:** 4'11"  
**Years Playing:** 6  
**High School:** Andover High School  
**College:** University of Wisconsin-Madison

**Quote:** To me, it is just as important to be mentally prepared to play ultimate as physically prepared.



**ELISE RASMUSSEN - #25**  
**Hometown:** Golden Valley, MN  
**Current Residence:** Golden Valley, MN  
**DOB:** 7/10/1990 (Age: 18)  
**Height:** 5'5"  
**Years Playing:** 4  
**High School:** Hopkins High School

**Quote:** Elise is what we here at Hopkins call a Noble Warrior: She tries her best on the field, it is evident that she loves the game, and she is always exhibiting Spirit of the Game on the field and on the sidelines.



**ANNA REED - #14**  
**Hometown:** Seattle, WA  
**Current Residence:** Seattle, WA  
**DOB:** 2/14/1991 (Age: 17)  
**Height:** 5'2"  
**Years Playing:** 5  
**High School:** The Northwest School

**Quote:** For the past two years Anna has had more big layout scores than the rest of the team combined. Each time she has gotten up without fanfare, celebration or outward demonstration, just a big smile on her face that says, "That was fun, let's do it again."



**AVERY REED - #20**  
**Hometown:** Seattle, WA  
**Current Residence:** Providence, RI  
**DOB:** 1/1989 (Age: 19)  
**Height:** 5'6"  
**Years Playing:** 5  
**High School:** The Northwest School  
**College:** Rhode Island School of Design

**Quote:** I first started playing ultimate when I was 11 yrs old because it was a required P.E. class at my school, but was immediately hooked. I played all through middle school and high school.



**SARA SCOTT - #13**  
**Hometown:** Mercer Island, WA  
**Current Residence:** Mercer Island, WA  
**DOB:** 5/1991 (Age: 17)  
**Height:** 5'5"  
**Years Playing:** 3  
**High School:** Lakeside School

**Quote:** My speed helps me as a cutter to get open, especially deep, and also as a defender to keep up with and shut down my mark.



**PAULA SEVILLE - #22**  
**Hometown:** Atlanta, GA  
**Current Residence:** Atlanta, GA  
**DOB:** 10/10/1989 (Age: 18)  
**Height:** 5'9"  
**Years Playing:** 4  
**High School:** The Paideia School

**Quote:** Paula is a competitor. She is stoic on the field, but as soon as the game ends she is very friendly.



**LANE SIEDOR - #7**  
**Hometown:** Atlanta, GA  
**Current Residence:** Atlanta, GA  
**DOB:** 3/22/1992 (Age: 16)  
**Height:** 5'9"  
**Years Playing:** 3  
**High School:** The Paideia School

**Quote:** I play Ultimate because in order to be good at the sport you really have to push yourself and learn from the people around you.



**AMBER SINICROPE - #10**  
**Hometown:** Amherst, MA  
**Current Residence:** Amherst, MA  
**DOB:** 1/10/1989 (Age: 19)  
**Height:** 5'4"  
**Years Playing:** 5  
**High School:** Amherst Regional High School  
**College:** Mount Holyoke College

**Quote:** I love those long points when you think you can't run another foot and then you dig in and find another level and keep cutting or get that big d.



**ANNA SNYDER - #23**  
**Hometown:** Seattle, WA  
**Current Residence:** Northfield, MN  
**DOB:** 9/23/1989 (Age: 19)  
**Height:** 5'9"  
**Years Playing:** 8  
**High School:** The Northwest School  
**College:** Carleton College

**Quote:** I play Ultimate because it the only sport where it is impossible to score without your team; everyone is dependent on the talents of their teammates to succeed.

**JULIA SNYDER - #27**



**Hometown:** Seattle, WA  
**Current Residence:** Seattle, WA  
**DOB:** 7/26/1992 (Age: 16)  
**Height:** 5'6"  
**Years Playing:** 5  
**High School:** The Northwest School

**Quote:** She is a bulldog. Smart, hardworking, quick and tenacious.



**CLAUDIA TAJIMA - #12**  
**Hometown:** Amherst, MA  
**Current Residence:** Amherst, MA  
**DOB:** 4/12/1991 (Age: 17)  
**Height:** 5'7"  
**Years Playing:** 3  
**High School:** Amherst Regional High School

**Quote:** I play Ultimate because of the raw intensity it provokes, the accepting community unlike any other, and the real honesty and sportsmanship involved.



**BAILEY ZAHNISER - #00**  
**Hometown:** Seattle, WA  
**Current Residence:** Seattle, WA  
**DOB:** 7/4/1990 (Age: 18)  
**Height:** 5'4"  
**Years Playing:** 4  
**High School:** Seattle Academy of Arts & Sciences

**Quote:** Bailey is a leader both vocally and by example on the field.

## USA Girl's Alternates



**ALLYSON LUTZ - #6**  
**Hometown:** Nashville, TN  
**Current Residence:** Nashville, TN  
**DOB:** 11/1991 (Age: 16)  
**Height:** 5'8"  
**Years Playing:** 4  
**High School:** University School of Nashville

**Quote:** I play Ultimate because it gives me an opportunity to play sports in a friendly environment that encourages competition while also encouraging Spirit of the Game



**CARLY MACONAGHY - #16**  
**Hometown:** Doylestown, PA  
**Current Residence:** State College, PA  
**DOB:** 3/1989 (Age: 19)  
**Height:** 5'4"  
**Years Playing:** 4  
**High School:** Central Bucks High School East  
**College:** Penn State University

**Quote:** Carly is fantastic a covering handlers - she anticipates dump and in-cuts exceptionally well, and has the quickness and layouts to shut down short cuts and force turnovers.



**RACHAEL WESTGATE - #26**  
**Hometown:** Andover, MA  
**Current Residence:** Andover, MA  
**DOB:** 1/1990 (Age: 17)  
**Height:** 5'5"  
**Years Playing:** 4  
**High School:** Andover High School

**Quote:** The sport has given me a trusting and enthusiastic community of people to belong to. With Ultimate, I found a sense of purpose and inspiration that I applied at school and my daily activities.



**CHRISTINE WILSON - #19**

**Hometown:** Eugene, OR

**Current Residence:** Eugene, OR

**DOB:** 7/1991 (Age: 16)

**Height:** 5'8"

**Years Playing:** 3

**High School:** Churchill High School

**Quote:**